



**Ontario Association of Young Parent Agencies**

*servir infants, children and young parents - together*

**l'Association Ontarienne des Agences pour Jeunes Parents**

*servir nourrissons, enfants et jeunes parents - ensemble*

## SEPTEMBER 2024

### AT A GLANCE

- **OAYPA AGM and Member Meeting**
- **Policy Paper Update**
- **Expanding Horizons Conference Registration Information**
- **Resources**
- **Significant Dates**
- **Professional Development**

## OAYPA AGM and Member Meeting

**Reminder:** All members are invited to attend the OAYPA Annual General Meeting and Member Meeting on **Thursday, October 3, 2024**. This meeting will be held in person (**Waterfront Neighborhood Centre**, 627 Queens Quay West, Toronto) and via Teams. Lunch will take place from 12 – 1pm followed by our AGM and Member meeting from 1 – 4 pm. Please contact Bev MacKillop to confirm your attendance, whether in-person or virtual, and inform her of any food restrictions before **Sept 13, 2024**.

## OAYPA Policy Paper - Update

The OAYPA Policy Paper Working Group (Jane, Suzanne, Lesley, Joanna, Ekuu, Bev, Tamar) has been collaborating with Wilfred Laurier University's researcher Dr. Melody Morton Ninomiya and her team to create a detailed and structured analysis of our programs and services. WLU provided a draft of the policy paper including the qualitative findings to the working group on Aug 5. Following a working group meeting on Aug 9, we decided to meet with representatives from EKO and CMHO to discuss and solicit feedback on our system-level recommendations. We hope to share the final paper in October.

## What's New



**TOGETHER FOR TOMORROW**

### **CMHO Conference: REGISTRATION OPENS IN SEPTEMBER**

CMHO is thrilled to welcome everyone back to North America's largest child and youth mental health and addictions conference from **November 18/19, 2024**. With a goal of better outcomes, advancing equity, and building a stronger child and youth mental health and addictions system, the conference

convenes leaders with a shared goal of improving the health and well-being of young people and their families, including youth and families with lived expertise. The conference provides an opportunity to highlight innovative and evidence-based practices, share knowledge and experience, and build on our collective efforts to prioritize improving outcomes for infants, children, youth, and families.

## Resources



### Pronoun Usage Guide

Inclusive pronoun usage, starting with asking for and using someone's pronouns, is a critical step toward inclusion and cultivating a safer space for 2SLGBTQIA+ people in our sector. Egale Canada has created a [pronoun usage guide](#) to help expand our understanding and use of personal pronouns. Egale is Canada's leading organization for 2SLGBTQI people and issues. They improve and save lives through research, education, awareness, and by advocating for human rights and equality in Canada and around the world. Their work helps create societies and systems that reflect the universal truth that all persons are equal and none is other.

## Significant Dates



Sept 6 - [Read a Book Day](#).

Sept 8 - [International Literacy Day](#).

Sept 23-27 - [Gender Equality Week](#)

September 30- [National Day for Truth and Reconciliation and Orange Shirt Day](#).

## Professional Development

### Free ASQ/ DSP and Baby Love Training

Through Ujima Project funding, we will be offering free Ages and Stages Questionnaire/Developmental Support Plans and Baby Love training for OAYPA staff members. Access to this training is on a first-come-first-served basis and will likely be the last sessions offered through Ujima Project funding. **ASQ training dates** have been set for Oct 2, 9, 16, 23, Jan 23, Apr 23, June 23rd and **Baby Love dates** are: Sept. 6, 13, 20th. If you have any staff members who are interested in taking advantage of this training, please contact Bev, by **September 5, 2024**, with staff member's name, role and email at [bmackillop@Abionacentre.ca](mailto:bmackillop@Abionacentre.ca).

### SickKids Education Sessions

[Everything You Need to Know about Tele-Mental Health Services](#), presented by Dr. Jenn Felsher, Melissa Dymond and Nancy Antone

**Sept 10, 2024 1:00 – 2:30 pm** [Register Here](#)

*Learning objectives:*

- What is the Tele-Mental Health Program?
- Services offered
- Program model
- Relevant legislation (child protection, duty to report)
- Informed consent, age of consent and capacity to consent

Social Anxiety, presented by Dr. Nicola Keyhan

**Sept 24, 2024 1:00 – 2:30 pm** [Register Here](#)

*Learning objectives:*

- Identify symptoms of Social Anxiety Disorder in children and teens
- Have strategies for the assessing youth with social anxiety
- Understand and utilize cognitive behavioural therapy approaches for the treatment of Social Anxiety Disorder
- Be aware of pharmacological treatments for Social Anxiety Disorder
- Consider helpful school-based accommodations for social anxiety

**RBC Patient and Family Learning Space**

What We Know about FASD: Prevention, Treatment and Support

**Sept 4, 2024 12:00 – 1:00 pm** [Register here](#)

Join Dr. Nancy Poole (she/her) is the Prevention Lead for the [CanFASD Research Network](#) and the Director of the [Centre of Excellence for Women's Health](#), as she shares information about FASD prevention, diagnosis and intervention/support that has been generated by researchers, service providers, system planners, families, and communities across Canada who are connected to the CanFASD Research Network.

**Canadian Centre for Diversity and Inclusion Training**

CCDI Webinar: Pathways towards truth and reconciliation - Panel conversation

**Sept 26, 2024 1:00 – 2:30 pm** -[Register here](#)

This webinar panel conversation welcomes participants of all levels who want to learn more about how workplaces across Canada can implement the Truth and Reconciliation Commission's calls to action and create meaningful pathways toward Indigenous inclusion and safety.